# nurus

# Breeze

Guidelines for Use & Montage



# Adaptable to different workspaces and styles.

Breeze has simply everything you would expect. Encourages correct posture for a healthier working habit. For high-performance tasks, executive areas, home-offices and collaborative or personal workspaces.

Highly balanced and stable on a 70cm diameter base. Prevents falling back or forth. Its compliance to workplace health and safety standards have been approved and certified by LGA (Landesgewerbeanstalt Bayern) Institute.

Durable, flexible and breathable mesh backrest.

With Dyna-Support® or Pro-Support® mechanism.

A variety of personalization tools.

Frame in black or light gray.

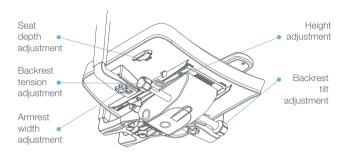
With optional adjustable headrest and lumbar support.



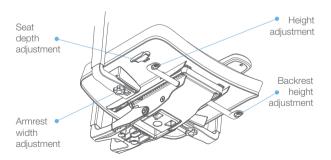


#### Versions

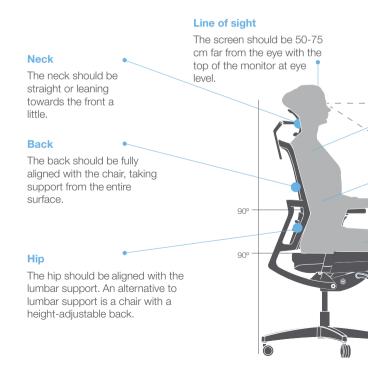
#### Pro-Support®



#### Dyna-Support®



We spend around 15 years of our lives sitting. Healthy sitting habits that prevent neck, hip and spinal injuries are vital.



#### **Shoulders**

The shoulders should be loose and the arms should be supported from the elbows.

#### Arms

The forearms should be parallel to the ground and at the same height as the work surface.

#### **Thighs**

The height of the chair should be adjusted so that the thighs are parallel to the floor.

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# Backrest resistance

The resistance of the backrest should be adjusted manually or automatically via the mechanism.

A well-designed ergonomic chair that supports your body will boost your productivity and keep you healthy.

#### **Backrest**

Made with high-tech intelligent mesh fabrics, the backrest lets the back breath, reduces sweating and creates a softer and more flexible seat.

#### **Backrest Tilt**

The backrest and seat can tilt backwards in a synchronized manner up to 23° and can be limited in 3 positions and locked in 90°.

#### Front Tilt

Further to the vertical position, the backrest can be tilted forward at 8° and the seat 3° in a synchronized motion promoting healthy dynamic sitting that will help work the leg and back muscles even while sitting.

#### **Lumbar Support**

The lumbar support covers the small of the back from all angles and can be adjusted to various body sizes.

#### Wide Base

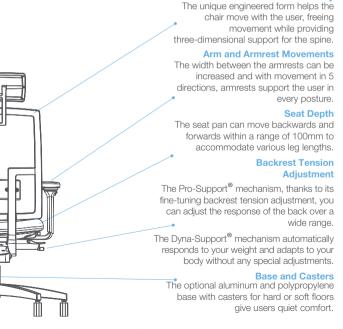
Even when the center of gravity rapidly changes, the chair will remain balanced preventing injuries caused by falling over, promoting healthy sitting.

#### Neck Support

The height and angle of the neck support can each be adjusted, providing the neck with full support and preventing neck injuries caused by poor sitting habits.



Structural Flexibility



The performance task chair in the image is equipped with the Breeze Pro-Support®

# Seat Height and Backrest Tension Adjustment

You can adjust the height of the seat to your height by lifting the straight side up on the lever on the right side of the seat mechanism. As you raise your seat, your weight should not be on your seat.

• In the Pro-Support® mechanism, you can adjust the degree of backrest tension by turning the button circularly in the end of the arm.

In the Dyna-Support® mechanism, the backrest tension is automatically adjusted according to the weight of the user.

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#### Armrest Height Adjustment

You can adjust the armrest height by pressing the button ender the armrest to your body size and the height of your table.



#### Backrest Tilt Adjustment

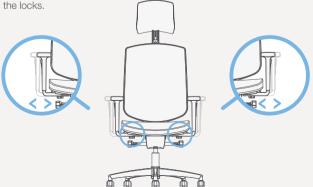
You can control the backrest tilt by using the lever that on the left side of the seat mechanism.

In the Pro-Support® mechanism, you can release the backrest by turning the end of the arm backwards. While backrest lean, you can turn the lever forward to lock on upright position; in addition you can limit the backrest in three different levels.

In the Dyna-Support® mechanism, you can release the backrest tilt by lifting the end of the arm, and you can lock it by draw down.

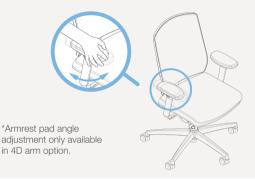
#### Armrest Width Adjustment

You can release the armrests by opening the armrest locks downwards, and adjust the seat width by pulling the armrests outward. Once you have set the armrests to your desired width, you can fasten the armrests by closing



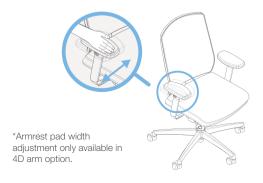
## Armrest Pad Angle Adjustment\*

By changing the angle of the armrest pad, you can support your elbow and your arm even at different angles.



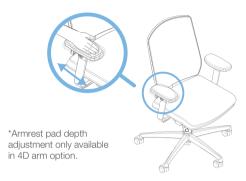
#### Armrest Pad Width Adjustment\*

By moving the arm support in and out with your hand, you can make the most suitable adjustment according to your body.



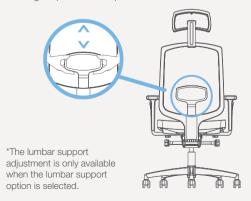
#### Armrest Pad Depth Adjustment\*

By moving the armrest pad forward and backward, you can ensure that your elbow is supported in every position.



#### Lumbar Support Adjustment\*

By holding your lumbar support behind your seat from both sides and moving it up and down position.



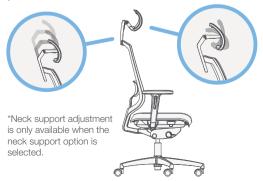
## Seat Depth Adjustment\*

You can adjust the seat depth by pulling the button on the right side of the seat font to your leg size. When you leave the button, the seat font will be fixed in that position.



## Neck Support Angle and Height Adjustment\*

You can adjust the height of neck support by moving it up and down. In addition, you can adjust it according to your neck by changing its angle to your neck.



# **Armrest Options**

Breeze offers 3 different armrest alternatives. These are fixed armrests with no height adjustment, height adjustable 2D armrest, and 4D armrest with height, depth and width adjustments, and it can be rotated 360 degrees.



#### Mounting scheme - 1

Mount the backrest and mechanism of the seat together by aligning the holes in the mechanism and the back as shown and placing the screws on each other.



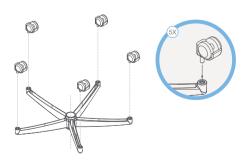
## Mounting scheme - 2

Place the nest with the lower face of the sitting font and the armrests of the product, and fasten it with armrest screws.



## Mounting scheme - 3

Push the wheels in place by inserting the housing on the 5-star leg; make sure that the wheels are fully seated.



# Mounting scheme – 4

Place the 5-star leg that you inserted wheels to the shock absorber you inserted to the mechanism. Your performance task chair is now ready to sit.



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